

## Solo Sandwiches, Wraps, Salads

If there is a filling you would like that's not on the list we will do our best to accommodate!

<p><b><u>All Cheese: £ 2.95 each</u></b>          Cheddar          Cheddar &amp; Red Onion          Cheddar &amp; Red Onion with Cracked Pepper Mayonnaise          Cheddar &amp; Tomato          Cheddar Salad          Cheddar &amp; Pickle          Cheddar, Ham &amp; Tomato          Brie &amp; Bacon          Brie &amp; Grape          Red Leicester          Red Leicester Salad          Red Leicester &amp; Pickle          Feta, Classic Pesto with Sundried Tomatoes          Goats Cheese Salad</p> <p><b><u>Fish:</u></b>  <b><u>All Tuna £3.25 each</u></b>          Tuna          Tuna Mayonnaise          Tuna Mayonnaise, Red Onion &amp; Cucumber          Tuna Mayonnaise &amp; Red Onion          Tuna Mayonnaise &amp; Cucumber          Tuna Mayonnaise &amp; Sweet Corn          Tuna Mayonnaise Salad  <b><u>All Salmon &amp; Prawn £3.45 each</u></b>          Seasoned Tinned Red Salmon          Tinned Red Salmon &amp; Cucumber          Seasoned Tinned Pink Salmon          Seasoned Tinned Pink Cucumber          Poached Salmon          Poached Salmon &amp; Cucumber          Smoked Salmon with Cream Cheese &amp; Chives          Seasoned Prawn          Prawn Mayonnaise          Prawn Mary Rose          Prawn Lemon Mayonnaise          Prawn &amp; Sweet Chilli          Prawn Caesar</p> <p><b><u>Egg &amp; Vegetarian</u></b>  <b><u>All Egg £2.95 each</u></b>          Egg          Egg salad          Egg Mayonnaise          Egg Mayonnaise Salad          Egg Mayonnaise Salad &amp; Mustard          Egg Mayonnaise &amp; Smoked Salmon          Egg Mayonnaise &amp; Vegetable Sausage  <b><u>All Vegetable £2.95 each</u></b>          Vegetable:          (Courgette, Peppers, Tomato &amp; Onion)          Oriental Vegetable:          (Bean Sprouts, Pepper, Spring Onion, Chilli)          Vegetarian Cumberland Sausage &amp; Relish with Mixed Leaf          Vegetarian Sausage with Egg Mayonnaise with Relish          Vegetarian Cumberland Sausage &amp; Cucumber with Relish</p> <p><b><u>Beef:</u></b>  <b><u>All Beef £3.25 each</u></b>          Beef          Beef &amp; Mustard          Beef Salad          Beef Salad &amp; Mustard          Pastrami          Pastrami &amp; Mustard          Pastrami Salad</p>	<p style="text-align: center;"><b><u>Salads:</u></b>          The Adaptive catering base salad mix Contains:          (Leaves, Tomato, Peppers, Cucumber and Red Onion with Coleslaw or          Potato Salad with your choice of topping.)</p> <p><b><u>Base Salad £2.25 each</u></b>          Base Salad Mix          Base Salad Mixed with Coleslaw          Base Salad Mix with Potato Salad          Base Salad Mixed with Beetroot &amp; Coleslaw          Base Salad Mix with Beetroot Potato Salad          Base Salad Mixed with Mixed Pickle &amp; Coleslaw          Base Salad Mix with Mixed Pickle &amp; Potato Salad  <b><u>All Cheese Salads £2.95</u></b>          Cheddar          Red Leicester          Brie          Feta          Goats Cheese  <b><u>All Seafood Salads £3.95 each</u></b>          Tuna          Tuna Mayonnaise          Red Salmon          Pink Salmon          Smoked Salmon          Poached Salmon          Prawn          Prawn Mayonnaise          Prawn Mary Rose          Prawn with Caesar Sauce  <b><u>All Egg Salads £2.95 each</u></b>          Boiled Egg          Egg Mayonnaise          Egg Mayonnaise &amp; Cress  <b><u>All Beef &amp; Pork Salads £3.45 each</u></b>          Sliced Beef          Sliced Pastrami          Ham          Pork  <b><u>All Chicken Salads £3.95 each</u></b>          Seasoned Chicken          Chicken Tikka          Cajun Chicken          BBQ Chicken          Southern Chicken          Green Thai Chicken          Red Thai Chicken</p>
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**Chicken:**

**All Chicken £3.95 each**

Seasoned Chicken  
Seasoned Chicken Salad  
Seasoned Chicken & Tomato  
Seasoned Chicken with Classic Pesto  
Seasoned Chicken, Tomato & Classic Pesto  
Seasoned Chicken Mayonnaise  
Coronation Chicken  
Chicken Tikka  
Chicken Tikka Mayonnaise  
Chicken Tikka Salad  
Chicken Tikka Mayonnaise Salad  
Cajun Chicken  
Cajun Chicken Salad  
BBQ Chicken  
BBQ Chicken Salad  
Southern Fried Chicken  
Southern Fried Chicken & BBQ Sauce  
Southern Fried Chicken Salad  
Chicken & Sage & Onion Stuffing  
Chicken, Sage & Onion Stuffing with Mayonnaise  
Chicken BLT  
Green Thai Chicken  
Red Thai Chicken  
Chicken Caesar

**Pork:**

**All Pork £3.25 each**

Ham  
Ham & Tomato  
Ham, Cheddar & Tomato  
Ham Salad  
Ham & Brie  
Ham, Cream Cheese & Tomato  
Ham & Mustard  
Ham Salad & Mustard  
Bacon & Brie  
BLT (Bacon Lettuce & Tomato)  
CBLT (Chicken, Bacon lettuce & Tomato)  
Egg Mayonnaise & Bacon  
Egg Mayonnaise & Sausage  
Egg Mayonnaise, Sausage with Tomato Salsa  
Egg Mayonnaise, Bacon, Sausage with Tomato Salsa  
Sausage, Bacon & Egg Mayonnaise  
Sausage & Mustard  
Beef  
Beef & Mustard  
Beef Salad  
Beef Salad & Mustard